

*Hygienically Speaking
Fall 2022*

adha

Texas
Houston
Dental Hygienists' Association

Greetings,

It has been a long, hot, and dry summer. I know I have been sweating it out here in Houston. I hope you all have had a wonderful, healthy summer. I am very excited to be the 2022-2023 President of the Greater Houston Dental Hygienists' Association this year. We have an amazing line up of Monthly Meeting CE speakers and topics for the 2022-2023 year. There is an awesome in-person hands-on Big CE this fall that you do not want to miss. Please keep a lookout for more information coming soon to you.

The past few years have been a crazy one with meetings being virtual. This year the GHDHA board decided to make our Monthly Meetings and CE's hybrid for the 2022-2023 year. I am ready to see every lovely face this year in person. A big shoutout goes to Patterson Dental for letting us use their meeting room for our meetings. If you cannot make it in person, you can still show up virtually. I hope this transition will benefit every member.

I want to thank the GHDHA Officers and Committee Chairs for all their hard work this summer to get the 2022-2023 year started. If any members are wanting to volunteer some of their time to a committee it would be greatly appreciated. I am also looking for members that are crafty and would like to donate an item to the Ways and Means to be raffled off at your meetings and/or Big CE's. You can contact me at ghdhsresident@gmail.com.

Sincerely,
Catherine Berger, RDH, BSDH
2022-2023 GHDHA President



GHDHA Monthly CE Meetings

GHDHA SEPTEMBER MONTHLY
MEETING & CE

CANNABIS USE: WEED MY LIPS!

With Victoria V. Patrounova, RDH, MHA

Tuesday Sept. 13th 6:30-9:00pm
1.5 CE
Hybrid (In-person or Virtual)

 **JOIN US**

Topic: Marijuana use for medical and recreational purposes has been legalized in more than 30 states. Patients are more open to talk about cannabis use and might report their use to a dental office. During this course, participants will discuss types of cannabis, methods of use and the prevalence of cannabis use in USA. Synthetic cannabinoid-based medications and indications for their use, as well as systemic and oral effects of cannabis use will be outlined.



PRICE: ADHA members: Free // Non-members: \$25

CREDITS: 1.5 CEUs (Live CE credit)

TIME: 6:30PM – 9:00PM (Tuesday nights)

LOCATION: Virtual OR Hybrid (see calendar above)

*In-Person Location: Patterson Dental 5373 W Sam Houston Pkwy N #240
Houston, TX 77041*

REGISTRATION: Sign-up links on our Facebook page or GHDHA website

[CLICK HERE](#)

GHDHA Monthly CE Meetings



Texas

Greater Houston
Dental Hygienists' Association

Save the Date

2022-2023 Monthly Meeting and CE Schedule

Hybrid/In-person @
Patterson Dental
5373 W Sam Houston Pkwy N
Houston, Tx 77041

September 13, 2022	October 4, 2022	November 1, 2022
Cannabis	Treating Patients with Autism	Pediatric Dentistry
December 6, 2022	January 10, 2023	February 7, 2023
Ethics & Professionalism	Dental units Waterlines, What's Living in Your Waterline	Digital Workflows in Dentistry
March 7, 2023	April 4, 2023	May, 2023
Student Poster Presentations	Dental Aerosol Management: What's the New Evidence	Patient Motivational Interviewing

Upcoming Events

GHDHA Donation Drive

Dental hygiene supplies needed.

Please bring masks, gauze, toothbrushes, toothpaste, gloves, fluoride or other supplies to our September meeting.

Can't attend? Drop off at Pima Medical Institute instead.

432-352-8789

ghdhscommunity@gmail.com

Pima Medical Institute

11125 Equity Dr., Ste 100 Houston, TX

C/O Kathryn Prather

SUPPLIES NEEDED

BRING THEM TO OUR FIRST MONTHLY MEETING ON SEPTEMBER 13TH! IF YOU CAN'T ATTEND, DROP THEM OFF AT PIMA MEDICAL INSTITUTE INSTEAD!



Greater Houston Dental Hygiene Association

presents



San Jose Clinic Sealant Day

Looking for volunteers!

Email:

ghdhscommunity@gmail.com

October 08, 2022 | 7:30 AM to 12:00 PM

VOLUNTEERS NEEDED

CLICK ON THE PICTURE TO REGISTER!



Register to volunteer:

<https://www.signupgenius.com/go/9040948ACA629A2FA7-ghdha>

GHDHS BIG CE

6 CEUs

THE SALIVA CHRONICLES

TALES AND DETAILS ABOUT MOTHER
NATURE'S COMPLEX AND FASCINATING
FLUID

BY: ANNE GUGNON, RDH, MPH, CSP



Raffle:
Saddle Stool

Early bird bonus offer:



EXTRA
1.5 hrs FREE Virtual CE
until September 2, 2022

FRIDAY, SEPTEMBER, 30 2022
8AM-2PM

BREAKFAST/NETWORKING/EDUCATION

HILTON HOUSTON WESTCHASE
9999 WESTHEIMER ROAD | HOUSTON, TEXAS 77042
PHONE: 713-735-5988

Upcoming Events

TDHA COURSE

CLICK THE PICTURE TO REGISTER
AND FOR MORE INFORMATION!



TEXAS DENTAL HYGIENISTS'
ASSOCIATION PRESENTS

OSHA/HIPAA & HUMAN TRAFFICKING

Open to all dental staff

OSHA/HIPAA
9 a.m. - 12 p.m.

Human Trafficking
12:30 p.m. - 2:30 p.m.

**SEPT.
10TH**

SIGN UP TODAY

Texas
Dental Hygienists' Association



Opportunities for hygienists are currently available in Houston and the surrounding areas.



- Exclusive job openings, Full or Part-Time
- Flexible temporary assignments
- Placement based on your location & scheduling needs
- Agency pays you directly
- No tax worries – we match, withhold taxes & send W-2
- Online onboarding

Call us today!
936-242-4066
www.dentalforcetx.com

Kristy Leos-Chen
P.O. Box 3106
Spring, TX 77383

Phone: (936) 242-4066
Fax: (832) 403-3995
Email: kristy@dentalforcetx.com

Simply better staffing.

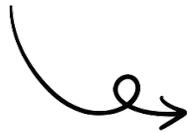
www.dentalforcetx.com



TDHA News

TDHA 2023

FEBRUARY 3-5!
CONFERENCE IN
SAN MARCOS!



Not an ADHA member yet? Join us!

Click the ADHA logo to see all of our membership benefits!

TEXAS HYPAC

Make your pledge today to our political action committee! Your money goes towards helping us with our legislative efforts. Without financial assistance, we are at a greater disadvantage. You're probably thinking, "I am already signed up."

Remember, **RENEW YOUR PLEDGE EVERY YEAR!** 😊 If you have not filled out the pledge form this year, you are currently not contributing to Texas HyPAC.

INVEST in YOUR FUTURE of Dental Hygiene in TEXAS!



**TEX HYPAC PLEDGE CAMPAIGN
2022-2023**

**YES! I COMMIT TO DONATE ONE HOUR'S PAY EACH MONTH TO HELP PROTECT
THE PROFESSION OF DENTAL HYGIENE IN TEXAS!**

NAME: _____ **COMPONENT:** _____

ADDRESS: _____

CITY: _____ **STATE:** _____ **ZIP:** _____ **PHONE:** _____

EMAIL: _____

DONATION AMOUNT: \$ _____

FREQUENCY: monthly _____ (Feb 2022-Jan 2023) one time _____

METHOD OF PAYMENT: CASH CHECK# _____ Credit Card

M/C Visa Am-Ex Card No: _____

EXP ____ / ____ **CVV:** _____

SIGNATURE: (if using Credit Card) _____

I understand that my contribution to TX HYPAC is strictly voluntary and I may refuse to contribute without reprisal. I understand that my contribution is not a tax-deductible as a charitable contribution for federal or state tax purposes.

Please make checks payable to:

Tex Hypac

Mail to:

**Connie Groves
15019 Coral Sands Dr.
Houston, Texas 77062**

Or email to: hypactreasurer@gmail.com



Scholarship Opportunity

Dental Hygiene Educators
of Texas, Inc.



📖 RDH Scholarship Opportunity 📖

The Dental Hygiene Educators of Texas (DHET) has two scholarship opportunities available for RDHs interested in becoming Dental Hygiene Educators! Apply now – the deadline is December 1!

☀️ RDHs pursuing a Bachelor's Degree in Dental Hygiene

- Currently enrolled in a bachelor's program in dental hygiene
- Plans to pursue a career as a dental hygiene educator

☀️ RDHs pursuing a Master's or Graduate Degree

- Currently enrolled in a master's or graduate degree program in dental hygiene or higher education
- Plans to pursue a career as a dental hygiene educator

Eligibility:

- 🖋️ Texas or U.S. resident with a dental hygiene license in good standing
- 🖋️ Ideal applicants would reside in Texas and/or plan to teach in a dental hygiene school located in Texas.
- 🖋️ Preference given to applicants who are currently employed as dental hygiene educators in Texas.
- 🖋️ Minimum GPA: 3.0
- 🖋️ Amount: \$1,000 with certificate of achievement
- 🖋️ Availability: 1 per year
- 🖋️ Deadline: December 1
- 🖋️ Submit all required forms and documents

To download the scholarship as a Word Doc, visit our website post here: <http://www.ghdhs.org/dhet-scholarship-opportunity/>

To learn more about DHET, visit them here: <https://dhettx.com/>

GHDHA News

UTHEALTH STUDENT ORIENTATION 8/10

GHDHA hosted a student orientation for first-year dental hygiene students at UTHealth School of Dentistry at Houston! Keep pushing Class of 2024! You are the bright future of dental hygiene!



WELCOME AND THANK YOU FOR JOINING THE AMERICAN DENTAL HYGIENISTS' ASSOCIATION & TEXAS DENTAL HYGIENISTS' ASSOCIATION!



Welcome all members! As a member, you will have access to ADHA.org which is filled with new technologies, published work, professional and educational opportunities along with alerts on legislative developments. ADHA members receive discounts on insurance, hotel/car rentals, continuing education, and personal/professional discounts.

Did you know your membership also includes access insurance? ADHA is proud to partner with Mercer Health & Benefits Administration LLC. These benefits include professional liability, disability, life, dental, vision... and even pet insurance! Find out more and get quotes at www.adhainsurance.com.

You can view an overview of your ADHA membership benefits on our website at GHDHA.org >> **Resources >> Member Benefits**. Your membership is important to our organization as Dental Hygienists, and we aim to stand together to support and advance each other and the best for our careers.

NEWS FROM THE STUDENT CHAPTER OF AMERICAN DENTAL HYGIENISTS' ASSOCIATION

Houston Community College - Coleman



Our HCC dental hygiene class is thrilled to have hit the halfway mark. We've endured a summer clinic semester filled with personal and academic challenges. Yet, walking this path alongside each other has been comforting and empowering. Our class takes pride in the sense of camaraderie, and the moral and emotional support system we've established amongst ourselves.

We look back fondly (and with a little embarrassment) on those first clinical experiences when we felt inadequate and extremely incompetent, and we rejoice in the idea of becoming more confident and reliable clinicians with each passing day. We are thankful to HCC and our instructors for being highly devoted to our success, and for their contagious passion for this career that motivates us to move forward.

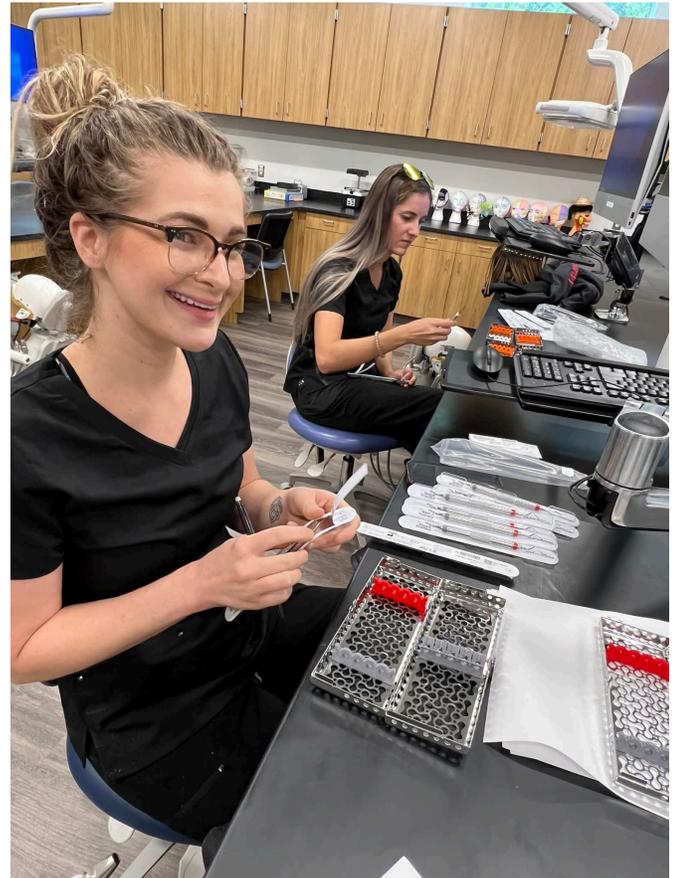
— Jesse Nerey Machado



Lone Star College - Kingwood

DH1

OPENING THEIR
DENTAL HYGIENE
KITS!



GO CLASS OF 2024!

Pima Medical Institute

COHORT 12

Ursula K. Le Guin elegantly stated, “It is good to have an end to the journey toward; but it is the journey that matters in the end”. The ladies and gentlemen of cohort 12 have made the long journey towards the commencement of the end of their road to becoming a RDH. Truth be told, the common consensus is despite the path has been long and hard; we have grown greatly as individuals, clinicians and friends. As we, prepare to take boards and complete clinical requirements; we are watching in real time how our lives will change. Making the transformation from students to clinicians in the “real world”, we have so many questions for our instructors, while simultaneously having less. It is clear that our confidence is blooming. Beyond all our academic achievements, lifelong friendships have been cultivated and our hearts are full because of it. As we walk away from Pima, you can see clearly the transformation in all of us and we are walking away very different from how we came in. As we enter this next journey in our professional careers, we are hopeful and energized to be a part of the health of all those who cross our paths. Cheers to the class of 2022!

– Jameela Spencer, President



COHORT 13



Cohort 13 traversed the midpoint mark and reached semester 4 of the dental hygiene program through hard work and perseverance. Implementing our skills and knowledge in the clinic has been a blooming experience. Our potential is continually tested and with the guidance of our esteemed instructors, we are growing stronger and wiser every day. Our diverse cohort has blossomed into a family and a great team. We lost members and gained new ones in our journey. We learned, worked, and laughed together, we toiled and were tired but above all, we persevered together bearing in mind that when the going gets rough, the strong get going. – Sumaiya Ali

Pima Medical Institute

COHORT 14

Hello from PMI DH Program!
Our first semester in the clinic has been flying by. We can safely say that we know our importance and the effects we have on our patients' lives. Day by day and appointment and appointment, new experiences, and views of being a dental hygienist are made. Being a practicing hygienist requires a unique mixture of skills, and our motivation and excitement to succeed are high. Although we know our continuing clinics and courses will be technically and academically challenging, we look forward to meeting those challenges to become the best dental hygienists.

– Emily Martin and Kindal Sarria



COHORT 15



We are excited to partake in the new endeavor of dental hygiene school! Prior to the first semester, we all anticipated hard work and dedication for personal and academic satisfactory. Once the ball started rolling, we quickly felt the heat & had to make necessary adjustments to prepare to reach our goals. It's been great forming bonds with one another and our teachers. We lend each other a hand when needed & encourage each other when we are too hard on ourselves. Our teachers are keeping us engaged with weekly lessons by incorporating team work & fun into our work. We know that completion of the dental hygiene program will be hard work. With positivity, dedication, and lots of tears, we will push through each semester with faith. We are happy to be a part of the Pima family & ecstatic to continue moving forward into the dental hygiene program.

University of Texas School of Dentistry Houston

University of Texas School of Dentistry at Houston welcomed a diverse group of students into the hygiene program for the class of 2024. The White Coat Ceremony re-instilled the values, commitment, and professionalism UTSD holds as standard.



DH1 students gathered before the formal induction into UTSD's program.

Students reciting the Dental Hygiene Oath.



University of Texas School of Dentistry Houston

With COVID-19 halting many volunteer opportunities throughout the past two years, community outreach was challenging for the students. It is enlightening to be part of serving the community now. The University of Texas School of Dentistry's second year students were actively involved in community events throughout the summer. Events included oral screenings, oral hygiene education and providing resources to diverse communities.

Second-year dental hygiene students were able to provide oral hygiene education to the children by teaching them brushing techniques and giving out goodie bags before their first day at school at CHRISTUS Back to School Health fair at St. Mary's Clinic on Saturday, August 6th.



Collaboration of UTSD faculty, dental students, and DH2 students provided oral screening at the 25th Annual Back to School Giveaway sponsored by the Morales Memorial Foundation on Saturday, August 13th at Morales Funeral Home.



GHDHA Happenings

GHDHA COMMUNITY SERVICE

THANK YOU TO EVERYONE WHO DEDICATED THEIR TIME, RESOURCES, AND ENERGY TO OUR SUMMER VOLUNTEER EVENTS!



PATIENT CARE DAY (JUNE)

THANK YOU SAN JOSE CLINIC!



KIDS DENTAL DAY 7/16

THANK YOU INTERFAITH CLINIC!



GHDHA Happenings

SUNSTAR AWARD OF DISTINCTION 2022

CONGRATULATIONS TO AMBER LOVATOS FOR RECEIVING THE SUNSTAR AWARD OF DISTINCTION AT RDH UNDER ONE ROOF! THIS AWARD IS GIVEN TO RECIPIENTS WHO PROMOTE POSITIVE CHANGE IN EDUCATION, PRIVATE PRACTICE, AND COMMUNITY SERVICE. YOU ARE TRULY AMAZING, AMBER!



ISDH2022

CHECK OUT DR. HAROLD HENSON PRESENTING AT THE INTERNATIONAL SYMPOSIUM ON DENTAL HYGIENE IN DUBLIN, IRELAND! CONGRATULATIONS, DR. HENSON!



SAN JOSE CLINIC

CONGRATULATIONS SAN JOSE CLINIC FOR RECEIVING A \$35,000 GRANT FROM DELTA DENTAL! THIS WILL HELP THEM EXPAND THEIR DENTAL PROGRAM IN THE FORT BEND COUNTY!

THANK YOU!

The San José Clinic was honored with a \$35,000 grant award made possible by the Delta Dental Community Care Foundation! This funding will support the expansion of our dental program in Fort Bend County.



FOREVER HEALING
SAN JOSÉ CLINIC



Stay Updated with Us!

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& OUR GHDHA WEBSITE!**

You can click on any of the images below! 😊



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241 posts

411 followers

80 following

GHDHA

Register for our September Monthly Meeting & CE with the link below!

docs.google.com/forms/d/e/1FAIpQLSdXISNwCEUcA7aQZitiTO2biM_kIEGIADfc...



TDHA



Fun



Monthly M...



April Big CE



October Bi...



Candidates



GHDHA.org



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