

Hygienically Speaking  
Winter 2017



## Presidents Address:

Greetings! We have a busy quarter ahead of us! I personally invite all of you to take part in one or all of the events coming up!

First Up-

The 85<sup>th</sup> Texas legislative session started on January 10. We are continuing to build our relationships with many of

our local legislative representatives and senators. We need each and every one of you to improve and protect our profession. Please reach out to your legislative representatives and senators and let them know, you want them to support HB1201 and SB 430!

Second-

We are privileged to have Ms. Anne Guignon come and present an exciting course on “Exploring the oral microbiome-Stunning revelations about how microbes actually create disease.” This is a course that Anne sold out at ADA. We don’t even have to travel far to listen to a famous national speaker! She is also one of our GHDHS members! Anne has worked with Crown Seating and they will be raffling off a saddle chair! Don’t miss out on the opportunity right here in Houston!

Third- (I told you it would be busy!)

We will be traveling to Austin for Legislative Awareness Day. GHDHS has arranged transportation on a luxury bus to take us to and from Austin for only \$10! You will also earn 1.5 CE hrs! Victoria Patrounova will be presenting a course on Diabetes sponsored by Colgate on the bus! Registration closes January 31<sup>st</sup>! If you have any questions about how to sign up, please contact myself at ghdsresident@gmail.com.



## 2017 Monthly CE Meetings

Please note meetings are on Tuesdays at Norris Conferences Center

**February 7, 2017**

**Treatment of Mucogingival Issues**

Daniel K. Ho, DMD, DMSc, MSc (1.5 CEUs)

**March 7, 2017**

**DH Student Table Clinics (1.5 CEUs)**

**April 4, 2017**

**Immunoengineering: Materials-Based Approaches for Enhancing Cancer Immunotherapy**

Simon Young, D.D.S., M.D., Ph.D. (1.5 CEUs)

**May 2, 2017**

**Officers' Installation and President's Dinner: Best Practices on Infection Control in Dental Settings**

Harold A. Henson, R.D.H., Ph.D. (1.0 CEUs)

Upcomin

TDHA ANNUAL SESSION JANUARY  
**ROARING** 27-29  
*into the* Future 2017  
 EMBASSY SUITES  
 SAN MARCOS, TX

Friday, February 10, 2017

Greater Houston Dental Hygienists' Association  
presents:

*Exploring the oral microbiodome- stunning  
revelations about how microns actually create  
disease (6 CEUs)*

Anne Guignon, R.D.H., M.P.H., C.S.P.

Friday, February 10, 2017  
 Fabulous raffle!

Crown Seating Modified English  
 QAC Saddle - Value \$775

Tickets: one for \$10 / three for \$25  
 No purchase limit!

Polymicrobial community      Clinical challenges      Biofilm on bristles

**Star of the South** Embrace the Past. Empower the Future.  
 March 2-4, 2017 • George R. Brown Convention Center • Houston, Texas

**We invite you to attend the 46th Annual Star of the South Dental Meeting, March 2-4, 2017 in Houston, TX. Come EMBRACE YOUR PAST AND EMPOWER YOUR FUTURE! This is a meeting you will not want to miss!**

**While attending the Star, take time to visit Houston!**

*The new convention district is a must see with a series of new restaurants opening on the ground floor of the convention center and at the New Marriott Marquis Houston Hotel, making the transformation into Avenida Houston. Avenida Houston is a walkable, pedestrian friendly plaza connecting visitors to all the surrounding attractions.*

For more information on the Star of the South Dental Meeting, visit [www.starofthesouth.org](http://www.starofthesouth.org)!  
 Registration will begin in November and brochures will be available online.

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## Kristy Leos-Chen

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Spring, TX 77383

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**Email:** kristy@dentalforcetx.com

[www.dentalforcetx.com](http://www.dentalforcetx.com)

Welcome and thank you for joining the ADHA/  
TEXAS DENTAL HYGIENISTS' ASSOCIATION!

## New and Reinstated Members

Give a Warm Welcome  
to:

Tasha Bates  
Sara Brown  
Laura Ellington  
Leslie James  
Patricia Jenkins  
Nancy Molina  
Emily Obaugh  
Shaghayegh Parvaresh

As a member, you will have access to ADHA.org which is filled with new technologies, published work, professional and educational opportunities along with alerts on legislative developments. ADHA members receive discounts on: insurance, hotel/car rentals, continuing education, and personal/professional discounts.

I want like to encourage all ADHA members to reach out to non-members and introduce yourselves and invite them to a monthly meeting.

Membership is important to our organization/dental Hygienists'; we want the best for our careers and do not want anyone to take away our job or degrade our profession as a whole

# Community Service

2016:  
284 Sealants  
112 oral cancer screenings  
200 people served at Veterans Smile  
Day



September: GHDHS  
Community  
Outreach



October: Houston Food Bank



December: Toys for Tots

## Monthly Meeting Community Drives

### February

Houston SPCA

Non clump kitty litter, cat/ dog pet toys, yesterdays news (rabbit litter), fabric toilet seat covers for cat beds, hand sanitizer, AA/AAA batteries, can openers, bleach, towels, copy paper, gallon ziplock bags



### March

Books Between Kids

Pre-K thru 5<sup>th</sup> grade gently used books  
Board/toddler books, Chapter books, Children's non-fiction books, Learn-to-read books, Spanish or dual language books (pre-k thru 2<sup>nd</sup> grade), Story books



### April

Pregnancy Crisis Center

Baby wipes, blankets, socks, onesies, baby powder, baby shampoo, baby lotion, bottles, pacifiers, bottle brushes, bibs, burp cloths, new born diapers (size 1)



Do you have a community service project idea that is close to your heart? Please contact us so that we can highlight your event and call on support of our members.

If you would like to volunteer, please email [GHDHScommunity@gmail.com](mailto:GHDHScommunity@gmail.com)

GHDHS is happy to announce a partnership with Interfaith Community Clinic. We are excited about increasing community projects in the greater Houston area!!

## Sealant Day **FEBRUARY 11th, 2017**

Half-day shifts are available as needed!  
Those who sign-up for an all day shift will have an hour break (from 12-1)

Please be specific about your preferred shift time when emailing me.

Shift 1: 7:45 a.m. - 12:00 p.m.

Shift 2: 12:45 a.m. - 4:00 p.m.

101 Pine Manor Drive  
Oak Ridge North, TX 77385  
Ph. 281-364-7889



## TDHA Trustee Report:

The TDHA Annual Session is coming up on **January 27-29** in San Marcos, Texas. Information and registration can be accessed on the TDHA website. ADHA President, Betty Kobel and Todd Cohen, Author and Motivational speaker will attend the entire event. There are also CE's available during the meeting. A fun way to collaborate with other hygienists from the State! During Annual Session the House of Delegates will be addressing Proposed Bylaw changes to the current TDHA Bylaws. These are available on the TDHA website for review and will be voted on during the House of

Delegates meeting. Greater Houston has 20 delegates attending the meeting and will be involved in the business of the House of Delegates.

Legislative Awareness day is **February 23, 2017**. I encourage you to help this year with your support and attendance of this one-day event. Information is on the TDHA website along with the registration form. Legislators are looking for members who support TDHA and their goals for the future. Hope everyone will make an effort to attend. Get to know your Legislators and make a point to let them know TDHA will be in the Capitol on February 23!



# 85<sup>th</sup> Legislative Overview

On January 10th, Texas legislators will be sworn in for the 85<sup>th</sup> Legislative Session. Lt. Governor Dan Patrick has announced his priorities of the session which include budget, property tax reform, school choice, sanctuary cities, photo voter id, transgender bathrooms to name a few. While Speaker Straus will support directives from the House, he believes the budget, public schools, child welfare reform and mental health illness are important issue to address. The House of Representatives will have 22 new freshmen with an additional 4 returning house members. There is one pending special election. The Senate will have 3 freshmen. The total political make-up of the bodies is Senate with 20 republicans, 11 democrats and the House with 95 republicans and 55 democrats.

This legislative session, TDHA has a couple of priorities, passage of local anesthesia and the Sunset bill. Sen. Jose Rodriguez, D-El Paso, has recently filed SB 430, allowing dentists to delegate to their hygienist the administration of local anesthesia. Chairman Senfronia Thompson, D-Houston, will be the lead author in the House. With this legislation, a licensed dental hygienist who has completed a state board course through an accredited educational program and who has passed an approved exam will be allowed to administer local with permission from their dentist.

The Sunset Bill is legislation which addresses inefficiencies and issues within the State Board of Dental Examiners. This interim, Sen. Hinojosa, D-McAllen, and the Sunset Committee member legislators approved the addition of a dental hygienist on the board as well as a reduction in board size. We will closely monitor and engage in this legislation to ensure we maintain this addition as well as prevent any issues adversely effecting hygienists being amended into the bill. The bill sponsor will be appointed by the Sunset Chairman soon after the last hearing on January 11<sup>th</sup>.

For many sessions, I have emphatically encouraged the members of TDHA on the critical need for grassroots efforts by membership. Under this year's leadership of Janessa Bock, the Greater Houston hygienists have ramped up their efforts in reaching out to their legislators as well dentists who support local anesthesia. I cannot impress upon you the importance for this to continue. With SB 430 being filed and the House companion to follow shortly, legislators especially on the Public Health and Senate Health and Human Services Committees personally need to hear from you and your supportive dentist. The make-up of these committees will change some as the Speaker and Lt. Governor name Chairmen and committee members sometime in late January and early February. Currently, along with the author Rep. Thompson, Rep. Sarah Davis, Rep. Garnet Coleman Rep. Rick Miller and Rep. John Zerwas are members of the House Public Health Committee and Sen. Lois Kolkhorst, a member of the Senate Health and Human Services Committee, are from Houston; therefore, you can automatically see your critical importance in helping to vote this bill from committee. In the House, there is an additional committee, Calendars, which has to be worked. After passing from the health committee, bills head here to be set for the floor calendar. Last session four Houston legislators served on this committee two of

# To Pass Local Anesthesia, We Need Your Help!!

The TDHA Governmental Affairs Council (GAC) Co-Chairs are asking for your help in identifying dentists in Texas who support hygienists being allowed to administer local anesthesia.

The Legislative Session will begin on January 10, 2017 and continue until May 29, 2017 but before the Session starts we would like for dentists who are supportive of our bill to contact their legislators by phone, email or mail, expressing their opinions.

**Please send the contact information for any dentists you know or work with who are supportive of hygienists being allowed to administer local anesthesia.**

GAC will contact the dentists, by email, and explain what we would like them to do and identify their legislators. Please send the dentist's name, phone number, home address and email address. Email this information to Sandy Tesch, at [sandytrdh@gmail.com](mailto:sandytrdh@gmail.com)

## Legislative process

### **How a bill becomes a law**

The legislative process is designed to make it very difficult to pass a bill and write a new law. This is true in Texas, as well as nationally. Of the thousands of bills filed each Session in Texas, only about 20% become new laws.

### **What is the process?**

When the TDHA House of Delegates instructs the Governmental Affairs Council to propose legislation to allow hygienists in Texas to administer local anesthesia a whole series of processes begins. First the bill must be written, in language that is easily understood and that matches the language in current law. The GAC Co-Chairs and the Legislative Consultant write a draft that is then submitted to a legislator for consideration and through the legislator an official draft is requested from the Legislative Council.

Once GAC Co-Chairs approve the draft, the Legislative Consultant identifies sponsors to carry the bill. She looks for respected, senior legislators in both Houses who have a long tenure in the Legislature. The sponsors in the House and the Senate file identical bills and wait for them to be assigned to committees. Since local anesthesia is a health issue, the bills are assigned to the House Public Health Committee by the Speaker of the House and to the Senate Health and Human Services Committee by the Lieutenant Governor. Delays for referral to committee often happen when there is strong opposition to the issue.

**The bill can die here.** Although the Legislative Consultant has been meeting with the chairmen of these committees for months, the chairmen can delay or refuse to schedule the bill for a hearing. And, these powerful chairs do not have to give any reason for their decisions.

If a public hearing is scheduled, notice must be posted at least 5 calendar days before the hearing. This creates a significant challenge in securing witnesses to travel to Austin on such short notice. During the public hearings anyone can speak, usually for only 3 minutes, and anyone can provide written testimony in support of or in opposition to the bill

If the Senate committee passes the bill, the bill must also be passed by the House committee before it can go to the floor of the House or Senate for debate and final passage.

**The bill can die here.** If these hearings are at the last minute, there may not be time to get the bill to the floor in order to be voted on.

If the House health committee passes the bill, there is one more hurdle that must be overcome before the bill can go to the House floor. This hurdle is the Calendars Committee. This committee of 15 Representatives decides what bills will be heard and voted on in the House. ONE member of this committee can stop a bill from going to the House floor, and this is done by secret ballot. It is almost impossible to find out which Representative keeps a bill from going forward.

**The bill can die here.**

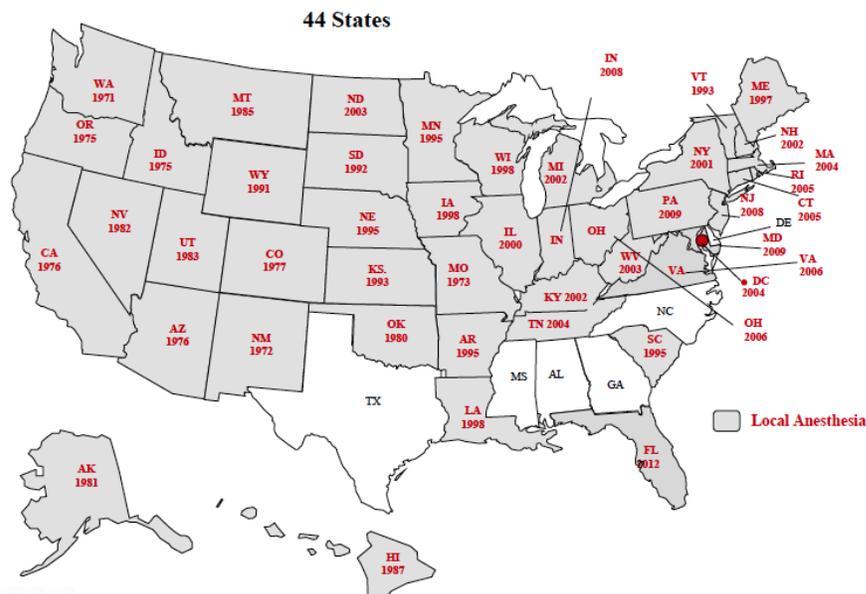
If the bill passes both Houses, it goes to the Governor's desk. He can sign it and it becomes law. He can veto it and it dies, unless one of the Houses overrides his veto. Or he can ignore the bill for ten days and it becomes law automatically.

Committee chairs and committee members are very powerful. If you are a constituent (live in their district) you are also powerful, **since they want your vote**. During the Session and between Sessions, the Legislative Consultant works with staff members, legislators and leadership offices to secure support for our bills. TDHA members must also help by contacting and working with legislators and dentists to garner support. Without a team approach, controversial measures are next to impossible to pass. The GAC Co-Chairs and Legislative Consultant will be calling on all of you.

**Your influence is needed to pass a bill.**

**Will you help?**

**STATES WHERE DENTAL HYGIENISTS MAY ADMINISTER LOCAL ANESTHESIA**



# Greetings from Student Chapter of American Dental Hygienists' Association

## HCC Coleman

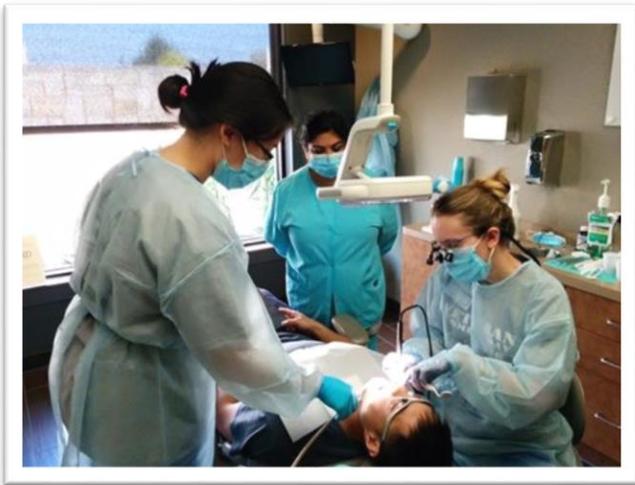
The third semester for HCC's dental hygiene class was a whirlwind. Between finding patients, studying for lecture classes, and working on group projects, the students still managed to find time to give back to the community.

September 16th, the seniors participated in the AIM at Melanoma Foundation "Walk for the Cure" in Houston. They not only learned how to recognize signs of the disease in patients, but also how to protect themselves as well.

Although a fairly new event, the Veteran Smile Day was a great success. Over a hundred volunteers, including the senior class, came together on November 5th to provide free dental cleanings and care to the Veterans. Dr. Welch of Welch Dental Group was kind enough to offer his spacious office for the event.

With only a few months left until graduation, the class of 2017 has board exams on their minds. January 3rd through 5th, several seniors attended the Dallas board exam seminar in Dallas, Texas. Attendees learned what information they needed to know, how to take the test, and most important of all, how to relieve stress!

Jennifer Mason Class of 2017



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# Pima Medical Institute

This past semester has been very exciting for the dental hygiene students at Pima Medical Institute. The hard-working class of 2016 graduated in October and a fresh batch of bright eyed and studious first year students started class in November. The first year students have been getting acquainted with classes, getting organized, and are learning about SCADHA and SCADHA officer positions.

The second year students have been busy balancing classes and clinic. In the classroom, students are currently learning about oral diseases and manifestations, the impact of good nutrition on oral health, and local anesthesia. In clinic, students have been educating and providing treatment for a variety of patients. The student clinicians enjoy building strong relationships with patients and seeing positive changes develop!

Outside of the classroom and clinic, students are busy participating in service opportunities and hosting fundraisers. Pima students have participated in the Veteran's Smile Day and have helped make donation boxes for breast cancer awareness. During our next semester, students will be going out into the community to teach about oral hygiene. Fundraisers that the students have participated in have included bake sales, raffle drawings, and products sales. Fundraising proceeds are being used to send students to the upcoming TDHA-SCADHA Annual Session in San Marcos, TX.

In February, over 20 of the second year students will be attending the Legislative Awareness Day at the Texas State Capitol. They are excited to learn more about dental hygiene practice and legislation. After learning about local anesthesia in pain management lab, students have become very interested in the proposed bill for dental hygienists to be allowed to administer local anesthesia in the state of Texas. In lab, students have had the opportunity to dip their toes in the water and practice local anesthetic injections on chicken thighs, oranges, and mannequins!



Don't see your local Alma Mater? Please help us by reaching out to them and get us in contact with a student liaison! Please contact [GHDHsnews@gmail.com](mailto:GHDHsnews@gmail.com) for more information.

# UT School of Dentistry

As fall semester comes to a close, the second year dental hygiene students are preparing for what's to come in the spring semester. The spring semester will bring new challenges to conquer, such as National Boards and WREB, as well as new periodontal cases. The first year dental hygiene students will begin seeing patients and will get to experience the challenges there are to face every day in clinic. They will be able to apply all of the information learned in their first semester and put their skills to the test to show how much knowledge they have gained in just a short amount of time.

Fall semester has been such a rollercoaster of a ride for both the first and second year dental hygiene students. The first year students have gotten to experience the heavy workload that the first semester has to offer and have fought to the end successfully as they get a taste of what its like to be a student at the School of Dentistry. The second year students are experiencing more clinic time with difficult periodontal-involved cases all while trying to manage to stay on top of studying for exams. Overall it has been a great semester for both classes and we are able to see how much we have all grown with each experience and new challenges we have overcome.

Fall semester was also filled with many volunteer opportunities in which the dental hygiene students participated. In August, several first and second year dental hygiene students volunteered at the Xi Alpha Omega annual school supply drive. Students helped hand out several oral hygiene goodie bags and oral hygiene instructions were given to the parents and children of the community. On October 15th, 14 dental hygiene students participated in Sealant day, which is one of the biggest events sponsored by the Greater Houston Dental Hygienist's Association, and was held in San Jose Clinic. A total of 64 children that typically do not have access to dental care were provided with sealants and oral hygiene instructions to prevent tooth decay. 284 sealants were placed that day, which made the event a huge success as usual. Later that month, second year students played bingo with the residents at Holly Hall Retirement Community and also talked to them about the importance of oral health. In November, we had the privilege to partake in Give Veterans A Smile day at UTSD. We provided the veterans with an estimated \$22,600 worth of dental care, which included, many cleanings and extractions with the combined efforts of the School of Dentistry, UT Health School of Nursing, UT SVA-TS-Houston and New Hope Housing. We love taking part of volunteer events and helping the community in any way we can.



# Lone Star College

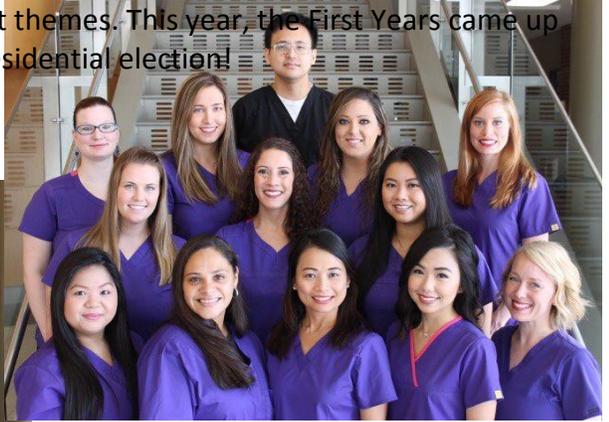
Boy oh boy! Fall semester has been a rollercoaster of highs and lows for both first and second year classes. The First Years have been extremely busy with a heavier lecture workload while the Second Years focus the majority of their time on clinic sessions.

To take a break from the seriousness and madness of lectures and labs, the first years participate in a Manikin Contest where they dress up the radiology test manikins with different themes. This year, the First Years came up with hilarious themes that ranged from Disney movies to the 2016 presidential election!

Kim Ngo

Lone Star College, Kinross Dental Hygiene, Class of 2017

(Most of) Class of 2017



Class of 2017



Greater Lake Houston Heart Walk



Second year dental hygiene students passing out OH products before OHI at Tu Bi Quan Am Dao Trang Buddhist Temple.



Second year dental hygiene students at Tinh Luat Temple, and the local Girl Scout Chapter teaching the importance of oral health to...



Veterans Smile Day 2016

# GHDHS HAPPENINGS





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